

Slow-Fast-Stop

This rhythm chant may be used in an early childhood music class setting. The teacher should chant and move simultaneously either arms, shoulders or fingers according to the tempi in the chant. The teacher should emphasize the contrast of slow and fast with his or her voice and movement. The teacher may also emphasize the fermata rest in the middle of the chant after the children have become familiar with the chant. The fermata rest should be used to create anticipation.

The teacher should be sitting comfortably on the floor with the children and perform the movements with the children. The teacher should encourage the children to participate in the chant with the movement. The movement should flow in a gentle and calm manner. And, of course, the teacher must break the gentle and calm movement with fast and strong movement.